

My name is John Verhiel and I have been active in Preventive Medicine for over 25 years to prevent diseases instead of waiting until you have to go to the doctor to get 'better' through 'symptom-fighting' medications.

But what happens when you stop taking that medication... do your complaints return in the short term and is that sustainable healing? Unfortunately not... The cause is often unknown and that is exactly the motivation why I started this form of Prevention over 25 years ago.

Prior to this, three major events occurred in my life concerning my 'why'...? My mother started doing increasingly 'strange things' in 1979 to receive the diagnosis of 'brain tumor' (cancer) and ultimately after surgery, chemotherapy, and radiation, after 9 months of being emaciated, sedated by morphine, she was allowed to pass to the other side; no doctor could tell me what the actual cause of cancer was at that time...

Middle son born in 1988 via cesarean section developed as a 'severe eczema baby' until a moment when we were at the dermatologist who shaved off the epidermis to the point of bleeding with a kind of 'razor' (I won't describe the screaming, crying child) and when I asked what the cause of his eczema was, he indicated that 'this was the state of medical science' because the skin usually recovered on its own afterwards...

Finally, we were confronted with a miscarriage in 1991 with our third desired child, known as Anencephaly (no major brain), the treating gynecologist indicated at that time that this was a 'quirk of nature', cause unknown... In that same year, it became known (after much resistance from conventional medicine) that a deficiency in folic acid was the cause of Anencephaly (not viable) and also Spina Bifida (viable), unbelievable...

In the 25 years of practice, I have discovered that there are actually 6 specific health systems that keep people 'healthy' or 'make them sick'. I will not name them here; they are thoroughly described on the webpage.

These six systems can be both Preventive/How healthy are you really? and Curative/You are sick and want to get better by addressing the cause. You will find out which of these systems contains the deeper cause by filling out the free questionnaire as honestly as possible. Preventive by requesting one or more tests directly.

In 2023, it was time to duplicate my knowledge in this area, which has taken shape in the Training to become a Preventionist.

First two physical courses to develop a completely digital training system with that experience, where you can create an interesting full-time or part-time income within 12 weeks through E-learning combined with the Preventionist Handbook, even earning income during the training... I will be the mentor during this period.

If you are someone who wants to work independently in Preventive Medicine, check the website for more information: [Home](#)

Or if you possibly have complaints or just want to know how healthy you are (that is real prevention), check: <https://preventionist.nl/Preventief-testen/>

Best regards, John Verhiel